More Influence than you Might Imagine

Matthew 5:13-16

You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men. 14 You are the light of the world. A city on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.

I can't help but wonder how many of us take these words of Christ personally. When Jesus says "you," He means YOU! So often we underestimate our value as well as our range of influence.

"You are the salt of the earth." You have the power and responsibility to add flavor and goodness to every situation you are in. Not only that, but if you choose to take on the challenge that Christ has given, you have the potential to be the enhancer that keeps things fresh! Salt was used as a preservative for thousands of years before Christ walked on the earth. As the "salt of the earth," you are privileged to be able to be the one who preserves life, love and Christ's message.

"You are the Light of the World." You, yes you, have the capacity to bring light into dark times. You can be a bright force in a world that seems dismal and hopeless. The light shines, brings hope and creates a positive mood. Just like a bright sunny day somehow gives a better outlook, our light can be a transforming force to everyone around us.

Maybe you're wondering how it is that we keep our saltiness. After all, we don't want to be "thrown out." And how exactly do we manage to let our light shine with everything that comes into our lives everyday to snuff out the flame?

Our "saltiness," the ability to keep things fresh and be a seasoning to our family and friends, as well as the gleam within us comes from our relationship with Jesus Christ. After all, Jesus did say that He was "the light of the world." Every time we spend quiet time with Christ, read and meditate on His word and take the time to really pray, our saltiness and light grows. And it's this saltiness and light that makes us the best moms possible.

As moms in the 21st century, the hectic pace of every day life can often keep us from truly growing in Christ. We want to do everything we can for our children. So much so, that we sacrifice some of ourselves for their sake. We give of our energy, our resources and our time. And that nearly always robs the time we spend investing in ourselves, the time needed to become the very best we can be.

Your children deserve to have a parent who is the "salt of the earth," a mom who brings flavor and seasoning to their lives and keeps them safe from being spoiled by the evil in the world. If we seriously want the best for our kids, then taking the time to be sure our light is able to shine is not only for our benefit, it's for theirs as well.

Salt and light, they make things better. When you are the salt and light, you, too, will be able to make things better, your children, your homes, your jobs and more. So spend time this week with Jesus. Focus on your relationship with Him above all else and ask Him to make you the salt and the light.

© 2010 Lynne Modranski
www.LynneModranski.com
www.squidoo.com/momdevotions
www.squidoo.com/momsdevotions2